



## ADHD Webinar

# Relationships and ADHD — Love and Marriage

2012 ADHD Awareness Week Webinars

**(Type your questions in the box to the right.)**

# Melissa Orlov

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Melissa Orlov is a marriage consultant and one of the top experts in how ADHD affects relationships. She has been writing and speaking about the topic since 2007, researching it since 2005. She is the author of *The ADHD Effect on Marriage*, which was awarded "Best Psychological Book of 2010" by ForeWord Reviews.

Melissa is a regular columnist in ADDitude magazine and contributor to [www.ADDitudemag.com](http://www.ADDitudemag.com)

<http://www.adhdmarrriage.com>

## Relationships and ADHD—Love and Marriage

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- ▶ 90% of adults with ADHD are undiagnosed
- ▶ "*Something* is wrong!"
- ▶ 12 amazingly predictable patterns—you are not alone!
- ▶ When you interrupt the patterns, you change your life

# Relationships and ADHD—Love and Marriage

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- ▶ Get educated about
  - ▶ How ADHD symptoms affect relationships
  - ▶ Responses to ADHD symptoms
  - ▶ What ADHD in relationships looks like
  
- ▶ Six steps for improving relationships
  - ▶ Empathy
  - ▶ Obstacle emotions
  - ▶ Treatment
  - ▶ Communication
  - ▶ Boundaries
  - ▶ Romance
  
- ▶ Remember, you can *thrive!*

# Questions?

Please enter your questions for Melissa in the box to your right.



Please note: Attendance and all questions are confidential.

None of the attendees of today's webinar can see the names of other attendees  
nor can they see the questions being submitted.

Only the moderator of the webinar will see your questions.

ADDitude does not provide medical advice, diagnosis, or treatment. The material in this webinar is provided for educational purposes only.

# Thank You!

We have many more ADHD Awareness Expert Webinars coming up.

To continue the conversation, we invite you to join us at

## ADDConnect

ADDitude's online community for attention deficit support and solutions where you can join our ongoing ADHD discussion groups.

[www.addconnect.com](http://www.addconnect.com)

